



GROUP THERAPY
GROUP TRAINING
GROUP FACILITATION

Details for Course Descriptions and Instructor Requirements

Effective leadership of time-limited groups whether in the clinic or the boardroom is an essential part of today's service delivery system. This year's training program is designed to develop the group leader's skills and competencies required to facilitate well-functioning short term groups that accomplish their goals and attend to the needs of group members. Through three streams of training, participants will have the opportunity to learn how to activate and use group process in facilitating effective short-term groups.

Beginner Level Training (Half Day) for clinicians who are beginning their journey as group leaders.

Theme: Developing Group Therapy within the Health Care System & Community

Instructor Requirements: We are seeking a Senior Group Therapist with several years' experience in teaching and leading training groups. Curriculum will include didactic and experiential learning.

Learning Objectives: Participants will learn how to:

- Conceptualize the impact of a defined time limit on the developmental process of a short term group
- Create a well-functioning short term group by attending to a group's boundary system, setting group norms and activating therapeutic factors
- Identify leadership tasks and focus that promote a therapeutic culture in short-term groups

Organization Level Training (Half Day/Full Day) anyone interested in building better teams and boards including administrators, educators, human resources, government services, hospitals, agencies, business and corporate sectors

Theme: Developing Group Therapy within the Health Care System & Community

Instructor Requirements: We are seeking a Senior Group Therapist with several years' experience in teaching and leading organizational training groups. Curriculum will include didactic and experiential learning.

Learning Objectives: Participants will learn how to:

- Describe the therapeutic/growth factors that can be harnessed to create a productive group
- Explain group processes that can restrain a team's productivity
- Define group process and explain its relevance to the group performance and the completion of group tasks