



CANADIAN
GROUP PSYCHOTHERAPY
FOUNDATION



FONDATION CANADIENNE
DE LA
PSYCHOTHERAPIE DE GROUPE

GROUP THERAPY
GROUP TRAINING
GROUP FACILITATION

February, 2015

Memo of Understanding of the Relationship between the Canadian Group Psychotherapy Foundation (CGPF) and the Canadian Group Psychotherapy Association (CGPA): Group Therapy, Group Training, Group Facilitation

The CGPF promotes education, training, and research regarding group psychotherapy as an effective, economical, and transformative means of psychological treatment. CGPF's funding model is based exclusively on donations. Over the years the Foundation has received donations from members of the Canadian Group Psychotherapy Association and other interested individuals. Donations directly support: Awards and Scholarships, Educational Event Sponsorships, and Research Grants.

The CGPA is a multidisciplinary association of group therapists, students and professionals from across Canada. Members share an interest in utilizing groups in a variety of settings inside and outside of mental health. The Association provides education and training in group therapies and group theory, as well as hosting an annual conference.

CGPA aims to encourage research in group therapies, to set national standards for quality in training, practice and research, and to support local communities of practice across Canada in their role as lively hubs of professional development, in the spirit of collaboration and mutual learning.

The CGPF is a separate entity from the CGPA and each organization is governed by its own board of directors and its own bylaws. Both organizations take responsibility for their operation in accordance with their respective bylaws. There is no formal relationship between the two entities. However, there is an informal reciprocal relationship between the two entities, based

on shared interests in group therapy and the promotion of training, education and research related activities.

Both the CGPA and the CGPF recognize that the organizational relationship is guided in part by the following principles:

- a) Each organization is independent from the other.
- b) Each organization shares common objectives.
- c) Each organization recognizes the benefits of maintaining and promoting a collaborative relationship in the spirit of shared values.
- d) Each organization recognizes the benefits of regular consultation and communication.

In furthering their shared objectives the Association and the Foundation have agreed to the following:

- a) CGPA and CGPF create links to each other's web sites.
- b) CGPA and CGPF collaborate in developing fundraising ideas and possible joint events or campaigns.
- c) CGPF grants funds to support certain endeavors of the CGPA in two ways: providing funds for conference scholarships, and providing sponsorship for educational events. The Foundation makes independent decisions regarding the allocation of funds and establishes protocols for the various funding and scholarship opportunities.
- d) CGPA promotes donations to the CGPF in the following ways: sharing contact information of consenting members, promoting CGPF donations in membership renewal forms, and making CGPF promotional material available at CGPA conferences.
- e) In conjunction with this Memo of Understanding, the respective presidents engage in up-date meetings periodically.

President, CGPA

Date

President, CGPF

Date