



# Canadian Group Psychotherapy Association

## 2014 Membership Survey

35 Responses

**1. Affiliation with multi-disciplinary Canadian association of members interested in group therapy, training and process.**

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	0	0	3	7	25	0	4.63	35	
Comments:								0	
								<i>answered question</i>	35
								<i>skipped question</i>	0

**2. Feeling validated and supported and empowered to grow by connection to other group therapist.**

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	0	3	4	8	20	0	4.29	35	
Comments:								1	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- However I do not particularly experience validation, support and empowerment through simply being connected with other group's therapist. The conference provides the only formal opportunity for the kind of interaction resulting in such desirable results.

**3. Opportunity to help shape the function and future direction of CGPA by being part of working groups and the CGPA board.**

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	0	4	13	6	12	0	3.74	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- Have not yet adjusted to new format of CGPA
- Too many other commitments at this point in life but still would be of value

**4. Reduced fees for attending the conference: \$20 for one day up to \$60 for a four-day conference.**

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	1	3	9	3	18	1	4.00	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- How can we afford this, especially when we no longer have the major support in our larger cities particularly in the West
- discount relatively insignificant

5. Bonus towards next year fees by introducing a new member to CGPA: \$50/\$25 (New Reg member or New student/retiree member).

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	4	6	10	9	5	1	3.15	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- A nice way to increase membership and recognize efforts to recruit and introduce others to CGPA
- thank you for the idea
- CGPA needs my fee \$

6. Free posting on the classified section of the CGPA website normally priced at \$20 per month.

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	5	3	6	8	11	2	3.52	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- N/A currently
- This is hard to rate without experience of having done so. So my check mark represents "unknown" or theoretical.

7. Free posting of your groups on the "Directory of Groups Looking for Clients" of the CGPA website, normally priced at \$10 per month.

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	5	2	7	6	13	2	3.61	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- N/A currently
- same comment as 6.

8. Access to the CGPA website "Members List" of group therapists in Canada.

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	2	0	6	12	15	0	4.09	35	
Comments:								1	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- Being able to refer to other therapists nationally, given that I believe I would "know" the therapist by contact through meeting at conferences.

9. Networking through exclusive LinkedIn, Facebook and Twitter CGPA groups with members who are the Canadian experts in group therapy training and facilitation.

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	6	5	10	9	3	2	2.94	35	
Comments:								6	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- I haven't used this yet but plan to
- I need to learn more about how to do this and it would be good to have some guidance.
- We cannot use facebook or any of the other sites you mention with AHS.
- I doubt this concept. "experts" tends to mean senior members, which tends to mean older which tends to mean, not-into-this-technology. Being such a therapist myself I totally understand.
- Can contact them personally social media requires an ongoing commitment
- Would prefer networking via CGPA website

10. Opportunity to contract with CGPA for paid training of groups to outside organizations.

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	4	5	7	8	9	1	3.39	34	
Comments:								3	
								<i>answered question</i>	34
								<i>skipped question</i>	1

- N/A currently
- Being For personal use, being in private practice, I cannot at this time imagine having occasion to use such a service. However for the health of CGPA this would be a good thing.
- Not sure what this about

11. Opportunity to be part of specialized interest groups within CGPA (under development at the present).

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	1	3	10	10	9	2	3.70	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- Again a theoretical, limited by my own imaginative capacities, response.
- Not sure what this actually is about

12. Access to online training modules at a reduced fee (under development at the present).

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	5	3	5	11	10	1	3.53	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- N/A currently
- A wonderful addition

13. Opportunity to be a mentor or a mentee in the CGPA mentorship program (under development at the present).

Answer Options	No Value				Highly Valued	N/A	Rating Average	Response Count	
	3	2	8	11	10	1	3.68	35	
Comments:								2	
								<i>answered question</i>	35
								<i>skipped question</i>	0

- Need to know more about this - some of the mentorship programs in other organizations have not been good experiences. The matching process was difficult - it worked well for some but clarity around the rules of participation are crucial.
- My training was not through the CGPA process. Therefore I do not imagine that I would be considered as a mentor. This might be a mistaken notion. If so I would change my response above to Highly Valued

14. What are the top three membership benefits you value?

Category 1

- Networking x 5
- Conference x 3
- Affiliation with group therapists
- Belonging
- Community
- Collegiality
- Membership to the CGPA
- Feeling supported by like-minded clinicians
- Having other like-minded people to talk with
- Opportunity to connect with like-minded individuals
- Meeting other professionals locally for professional stimulation
- Camaraderie
- Support from Fellow Group Leaders
- Connection to other qualified group therapists
- Colleague association
- Support from other members
- Training opportunities
- Feeling part of a larger network of group therapists
- Reduced fee for workshops
- Be a part of multi-disciplinary association of group therapists
- Ideas/inspiration

Category 2

- Education/ training opportunities x2
- Training
- Educational opportunities at our local chapter
- Training opportunities online and at conferences
- Opportunities for growth and learning through the conferences
- Going to the conference
- Opportunity to present at conferences
- Learning opportunities
- Peer supervision
- LinkedIn access through Members Only
- Sharing of information
- A forum for presentation and feedback
- Connection with therapists and leaders in the group therapy field
- I used to enjoy the conferences.
- Exchange of experiences

- Receiving updates on newsletter at least twice a year
- Continuing education
- Meeting other professionals nationally for professional stimulation
- Our local is trying to boost membership so we can network, have potlucks and discuss but for now nothing else happens.
- Connecting with Canadian grp therapists
- Colleagues to share ideas with
- Contracting and advertising possibilities
- Reduced fees for referring new members
- Validation
- Professional Recognition

### Category 3

- Specialized training
- Annual conference
- Education opportunities
- Providing training to others
- Group advertising
- Being involved in the organization
- Leadership in group therapy/training/facilitation
- Learning opportunities
- Low cost
- Information about group therapy in Canada and elsewhere
- National information about what is new in the world of Group Therapy.
- Learning about areas I am not familiar with
- Recognize our varied skills and learn from each other, including brining other group therapists to our home sites for presentations
- Developing friendships within this group
- Having a Foundation that can support young therapists through scholarships
- Continuing education
- Posting groups on cgpa site
- Education
- Professional Service Gateway

### **15. Are there any membership services you would like to be added to the above?**

- Begin alternating conferences again between east and west
- Certificate in group leadership
- Scholarships for students to attend conferences.
- Provide publicity material
- A central store of "best practices" and new developments in group therapy
- More value in the need for training in group therapists, everyone believes it is easy work anyone can do.
- Opportunities for research-clinician partnerships network. We already have some of that including John Ogrodniczuk from BC. But ways to enhance would be great.
- Funded support for local interest groups to put on seminars perhaps funded by CGPF
- Provide supervision instruction course

**16. Would you like to explore being apart of a CGPA Committee? If so, which one?**

Answer Options	Response Percent	Response Count
Conference	42.9%	3
National Training	71.4%	5
Membership	28.6%	2
Marketing / Communications	0.0%	0
If so please provide us with your name and email address:		8
	<i>answered question</i>	<b>7</b>
	<i>skipped question</i>	<b>28</b>

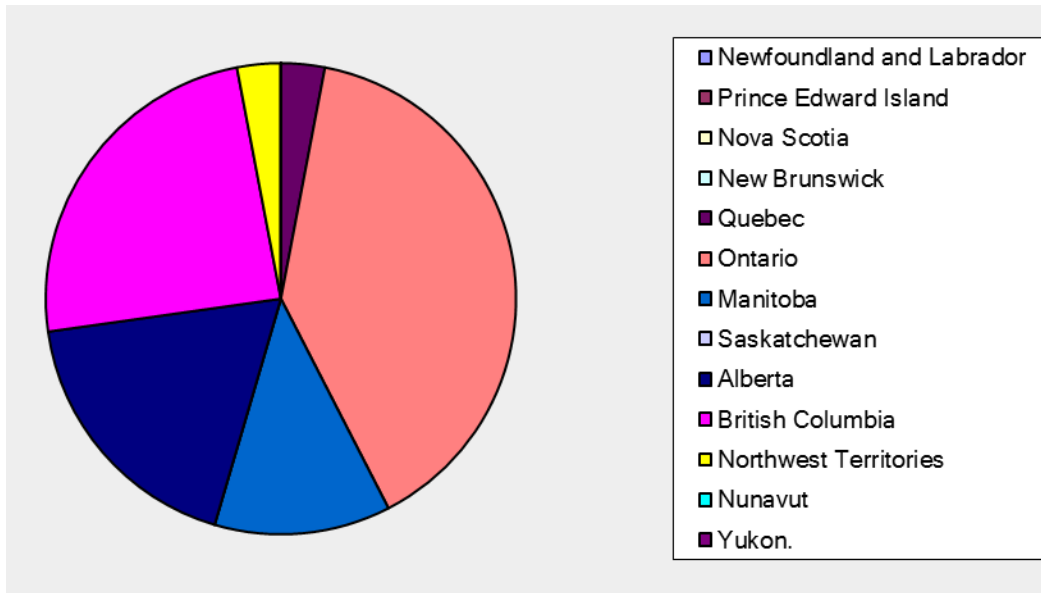
- National Training in the future; however I first need to re-immerser myself in the association to become reacquainted with all the changes since the format changed.
- Already have been
- On the education/training committee
- Bryan walsh bryanwalsh807@gmail.com
- Awake@telusplanet.net
- Legoodman@telus.net
- Ingrid Sochting isochting@psych.ubc.ca
- R. O'Brien [bob@newlifepotentials.ca](mailto:bob@newlifepotentials.ca)

**17. Is there anything else that you would like to share with the CGPA Board?**

- My comments/survey contributions are limited due to the length of time I have been inactive in the workings of the association. As I am nearing the completion of my career, I need to assess the value of my re-commitment at this point in time relative to the expenditure of energy required to update myself in the workings of the association.
- Awesome group of people dedicated to the growth of the organization. Ideas on how to recruit members from remote areas could be included in the discussion.
- Good luck in making group therapy visible and more broadly attractive
- I really appreciate the efforts at keeping the energy and momentum in CGPA. We also need to revive the Lower Mainland BC CGPA chapter. I will connect with Colleen Wilke and other BC members.
- I would like to see membership gatherings regionally for peer supervision & support purposes. I.e.

**18. For our reference would you please let us know what province you are from?**

Answer Options	Response Percent	Response Count
Newfoundland and Labrador	0.0%	0
Prince Edward Island	0.0%	0
Nova Scotia	0.0%	0
New Brunswick	0.0%	0
Quebec	3.0%	1
Ontario	39.4%	13
Manitoba	12.1%	4
Saskatchewan	0.0%	0
Alberta	18.2%	6
British Columbia	24.2%	8
Northwest Territories	3.0%	1
Nunavut	0.0%	0
Yukon.	0.0%	0
Comments:		0
	<i>answered question</i>	<b>33</b>
	<i>skipped question</i>	<b>2</b>



**19. Please share your feedback about this survey.**

- An excellent plan; hopefully the results will bear fruit for all members.
- Great! Covers the main points, not long to complete.
- I'm sure it will be very helpful in shaping the direction of CGPA .
- I think this is an important step in the continuing development of CGPA
- Covers all the main areas nicely
- It's great to have a look at the direction that CGPA is headed in. How many members do we have and are we growing?
- Pretty good!
- Timely and glad to do it.
- While asking about the various potential benefits of membership is useful it would also be interesting to know whether people in fact use the benefits of membership. E.g. Do you attend conference? Would you enroll in training?
- Was fast and quick using my smart phone
- I will be interested in reviewing the results, not a recap.