

CANADIAN GROUP PSYCHOTHERAPY ASSOCIATION

Minutes of the Meeting of the Board of Directors
held
October 18, 2016

Present:

Aida Cabecinha, Stephen Gillies, John Sherry, Joan-Dianne Smith, Ken Schwartz, Kasra Khorasani, Andre Roch

Regrets: Colleen Wilkie, Rowan Sharkey, Wendy Wildfong, Ward Yuzda

From First Stage: Doug Rosser, Sue Munro

1. Call to Order

Kasra Khorasani assumed the Chair and welcomed all present. Stephen Gillies assumed the role of secretary.

2. Minutes of the Meeting Held September 12, 2016

It was agreed that the Minutes of the meeting held September 12, 2016 be amended to reflect a decision at that meeting with reach out to the Medical Psychotherapy Association of Canada, with a view to establishing liaison with that association. Andre Roch will follow up.

Moved by Ken Schwartz, seconded by Joan- Diane Smith that
the Minutes of the meeting of directors held September 12, 2016 be approved as
amended.

CARRIED

3. Report of the Nominations Committee

Andres Roch reported on behalf of the Nominations Committee, which proposes the following candidates, to be put forth for at the annual meeting of members of the Association: Ruth Thompson, Lois Goodman and Ed Voltan.

Joan-Diane noted that the Board has earlier adopted the recommendations of an earlier working group to encourage diversity within the composition of the Board and

Andre noted that CGPA has only 6 members east of Sudbury which makes it more difficult to attract a board member from that region

Following further discussion it was

Moved by Andre Roch, seconded by Stephen Gillies
that the report of the Nominations Committee be accepted.

CARRIED

4. Location of 2017 Conference

Joan-Diane Smith led the discussion with respect to the location of the 2017 conference, with suggestion that the conference location should be decided upon soon, with a view to announcing the location to the attendees at the 2016 conference.

Discussion ensued regarding two conference locations: Winnipeg and Halifax, as there appeared to be general consensus that it would be desirable to move the location out of Toronto, after having the conference in that city for three years; additionally, each of Winnipeg and Halifax have local volunteer and physical resources to host the conference.

The directors also discussed the financial and other cost of the conference to the Association. Doug Rosser noted that last year's conference operated at a deficit and registration for the 2016 conference is down and below target. Sue Munro suggested that the directors may wish to consider the timing of the conference so as not to conflict with other events

The directors also discussed alternatives to a traditional conference such as the addition of webinars, rebranding or restructuring the conference to emphasize the annual general meeting of the members with a concurrent symposium or institute and/or EGT.

Following further discussion it was

Moved by Kasra Khorasani and seconded by Joan-Diane Smith that the Association have its Annual General Meeting and Institute in 2017 in Halifax and 2018 in Winnipeg.

1 abstention, Ken Schwartz
CARRIED

5. Training and Education Working Group

Aida Cabecinha reported that the working group developed an online training program using Softchalk software.

120 people registered for the training; of those, 26 responded to a post-training feedback survey.

The working group recommends breaking up the 101 module into shorter modules and including more interactive vignettes, which were well received and effective.

The cost of using Softchalk software the training activity for the Association is \$1,200 and these funds should be redirected to the Association's accreditation initiative.

Aida framed the following as issues for consideration by the Board: (a) do we spend more time on the emodule initiative, and (b) do we develop training documents on the Association's website. Aida sought direction from the Board with respect to the focus of the working group in this regard.

Aida also reported that the working group is working to develop national accreditation standards analogous to those of the Royal College of Physicians and Surgeon.

The working group prepared a comprehensive handout detailing their activities and proposal and this handout was distributed to the Board for its review.

Aida also reported that she and Kas intend to meet with a representative of the CCPA Professional Certification agency to explore the feasibility and cost of CCPC managing the certification process.

Aida also reported that certification would not intrude on the jurisdiction or role of regulatory colleges.

The Board in discussion was of the view that the Association should provide value to the membership and asked for a report back with respect to the resources required to implement a certification process.

The directors thanked Aida and her group for their impressive hard work and thought they have applied to their task.

Moved by Stephen Gillies, seconded by John Sherry that Aida and Kas meet with a representative of the CCPC certification agency and report back to the Board with further information regarding costs of the certification process, and the report of the working group accepted.

CARRIED

6. Contractual Relations Working Group

Stephen Gillies reported and circulated to the Board a draft memorandum outlining the considerations identified to date. The draft incorporates feedback received from group members and feedback from directors is welcome.

The memorandum was tabled pending further report at the next meeting of the Board.

7. Financial Report

Ken Swartz and Doug Rosser reported and circulated to the Board a Profit and Loss statement for the period January 1, 2016 to October 16, 2016 with comparison for the

same period in 2015. Doug noted that expenses for the current conference are not yet known and are accordingly not included in the circulated statement.

A financial statement for the year ending December 31, 2015 will be made available to members and the annual general meeting of members.

Doug noted that the Association is on the cusp of having to register and charge for H.S.T. Several directors noted that the conference represents significant cost to the Association and suggested that the Board consider alternative formats such as symposia

Joan Diane noted that the EGT training program this year generated net earnings was over \$6,000.00 and that this type of activity may represent an important source of revenue for the Association in the future.

Kas observed that although the Association has started to diversify towards financial stability, the challenge ahead remains our ability to attract and maintain our “human power”.

Moved by Kas Khorasani, seconded by Aida Cabecinha
that the financial statement be received as submitted
CARRIED

8. Mentorship Committee

Kas reported that the Association has brokered four mentor/mentee partnerships. He will report further on this initiative at the annual general meeting of the membership.

9. Conference Steering Committee

Joan Diane reported on behalf of this committee. Conference preparations are complete.

10. Discussion re: Annual General Meeting of the Membership

Kas briefly outlined the agenda for the AGM which includes review and approval of the minutes of the last annual general meeting of the members, expression of appreciation to retiring members, a financial report to the membership and election by the members of new directors.

11. Local Reports

Various reports were received by the Board.

The directors expressed appreciation to Susan Farrow for her gracious generosity in hosting the forthcoming Thursday evening dinner and social at her home, and asked that this appreciation be conveyed to her.

12. Surveys

Kas briefly reported that the Association will be seeking feedback from the registrants - one after each workshop and one following the conclusion of the conference. These surveys are being done both to obtain feedback from participants to assist in planning and content and to assist in the pending certification process.

13. Expression of Appreciation

On behalf of all of the directors Kas conveyed appreciation to the retiring directors Colleen Wilkie, Rowan Sharkey, Ward Yuzda, Jane Mitchell and Wendy Wildfong.

14. Other Business

(a) Medical Psychotherapy Association of Canada

Kas reported that he met informally with Brian McDermid, President of the MPAC to discuss opportunities for liaison and collaboration between the CGPA and MPAC such as joint or co-ordinated events, advertising or training.

Andre Roch noted that he is a director of MPAC and that there it is an excellent organization with which to collaborate.

Following further discussion it was

Moved by Kas Khorasani, seconded by Ken Schwartz that
Andre Roch be appointed liaison to the Medical Psychotherapy Association of Canada
CARRIED

15. Adjournment

There being no further business, the meeting adjourned.