



GROUP THERAPY  
GROUP TRAINING  
GROUP FACILITATION

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## BOARD STRUCTURE AND FUNCTION

### Thinking of Joining the CGPA Board?

CGPA is a vibrant multidisciplinary association of group leaders who work together to foster and provide education and training in group therapy and facilitation across Canada. Furthermore, CGPA aims to encourage group involvement; to set national standards for quality in training, practice and research; and to gather together Canadian group leaders from various disciplines in a spirit of professional development and mutual leaning. This is an exciting time for CGPA. We are a renewed, vibrant association in the throes of transformative change.

### Board Function

The board needs to be *both* a Governance board (e.g., financial and legal oversight) and Working board (e.g., active role in development of program).

### Board Composition

The Board is comprised of 12 members that are accountable for the 'subjects' outlined in the "The Ideal Board Member" document under the heading "Ten Basic Responsibilities of Nonprofit Boards". In spirit, the composition of the Board will aim to reflect the geographical, demographic, disciplinary, and experiential diversity of the organization while ensuring the right mix of skills are at the table. To help with Optimal functioning of our organization we Will try to recruit new board members to complement the existing skills and interests of the current group "Non-clinical" skills that are needed: business (finance, marketing and strategy), fund raiser (resource development), educator (to advise on program content and delivery), and a

government official (e.g., from a Ministry of Health). Note: These skills may be present in a “clinical” member so this doesn’t necessarily mean the association will have six “non-clinical” people on the Board.

## CGPA Board Structure and Function

CGPA is a volunteer organization that contracts to First Stage Enterprises for administrative support (i.e., main office functions, conference planning and administration).

## How to Become a Board Member

According to our new bylaws, the membership elects 12 board members and the board then takes the responsibility to make internal decisions on the leadership roles. Each year at our AGM, the membership elects four new directors for a two year terms, while a remaining eight continue.

The Article IV of Bylaw 1 provides that:

The Board is comprised of 12 directors;

The Executive Committee is comprised of 4 directors (each of whom has been a member of CGPA for at least two years);

Each director holds office until the second annual meeting after his or her initial election to the Board;

A director may hold office for a maximum of 2 terms

## Executive Committee

Past President

President

Vice President

Treasurer

Secretary

**Standing Committees**

Conference Steering Committee

Academic Program

Hospitality, Marketing, Sponsorship Committee (HMS)

Membership Marketing and Communication MMC

National Training Committee

Finance, Operations

Board Issues

**Working Committees**

Archives

Memos of Understanding