

CGPA Board Meeting Minutes – Draft

March 14, 2016

Attendance: Aida Cabecinha, Stephen Gillies, Kasra Khorasani, Jane Mitchell, ,Rowan Sharkey, John Sherry, Joan-Dianne Smith, Ken Schwartz, Wendy Wildfong, Colleen Wilkie,

Regrets: Andre Roch, Ward Yuzda , Doug Rosser

President/Chair: Kas Khorasani

Secretary: Wendy Wildfong

Time Keeper: Stephen Gillies

Minutes: *Moved by Colleen, seconded by Jane that the minutes of the February 6, 2016 board meeting be approved as circulated.*

Brief reports from relevant committees:

- Kas gave appreciation to Rowan for all her work as she passed the torch for the Committee of Understanding on to Stephen. In addition to this change a new name is in the works.
- Kas brought forward the question of where the 2017/18 Conference is going. Jackie is happy to encourage Halifax. Going out west is also under consideration along with the attendant issues of infrastructure and the readiness of the population there.

ACTION: John will help strike a committee joining Jessica and Doug who will be looking into next locations.

- Joan-Dianne reported that ETGs in Calgary and Vancouver are on board, thereby spanning the country. At present there are 7 in Toronto, Halifax and Winnipeg combined and 3 each in Vancouver and Calgary. Alan Sheps is the consultant to all. Jessica and Alan will contribute to individual fliers for each venue with information appropriate to each.

ACTION: Jessica and Joan-Dianne will coordinate about details as to the leaders biographies, workshop locations, etc and where they will be available, ie. on website and/or on fliers.

- Kas spoke to opening a section on the website called Training Faculty with pictures and bio's of ETG trainers, should they wish inclusion. Joining the spirit of widening the reach of publicity about this new(ish) initiative Aida wondered how we might get exposure on CBC radio for the various locales. Jane suggested each geographical area consider getting in touch with their local CBC representative to explore this option.

ACTION: Link local leaders to this suggestion?

- Conference update from Steering Committee. Joan-Dianne confirmed the panel will include Alan Sirkus, Melyn Leszcz and Terry Simonic. She herself will be the chairperson on *Why Group?* on the conference theme *The Power and Potential of Group*. The panel will be "arm chair" style conversation.
- The call for proposals deadline was held firm at February 28th and at that time there were 28 proposals. There is a process in place including a scoring system to create a balanced conference of 16 workshops.

ACTION: Jessica, Alan, Maureen, Joan-Dianne and Aida are involved in this process. A progress report will be made at the next board meeting.

- The Thursday night party is hoped to be held at a local home large enough to host 50-60 people for casual getting-together with nibbles and clean-up to be provided by volunteers.

ACTION: Kas will send a second reminder note requesting a volunteer to host.

- Kas added U. of T continuing medical education for MD psychiatrists and the college of Physicians and Surgeons require official accreditation. For credibility and marketing it is deemed worth \$500 per event, given that at this point we have 20% of attendees being MDs. A motion for allocating this fee of \$500 for this conference was moved by Rowan, seconded by Wendy and was unanimously accepted.
- Kas has found it possible to get accreditation for the Sunday night seminars under the rubric of hospital rounds so that these Sunday night seminars will be credit- worthy in perpetuity.
- Kas moved to charge \$10 for non-members to register and provide a certificate of attendance. Seminars to be accredited free for members. Given additional complications is time consuming for Jessica. Kas asked for am motion to start charging for \$10 per evening for non-members as of June 2016. This was seconded by Aida.

Full report and discussion:

Value Proposition latest iteration: Why ?- We believe in change through belonging and connection.

How? – open to diversity, challenging the status quo, creativity.

What? Training, therapy and facilitation. Membership services include the conference, May ETGs, Sunday night Seminars, Mentorship and Online courses

ACTION: Jane and the Membership Committee will draft a crystallized version for final approval.

Potential Agenda items:

1. Steering Committee report on workshop selection process and ETG update.
2. Nominations and awards require input.
3. Value Proposition update.

Next meeting:

BC-2 pm, AB-3 pm, MB-4 pm, ON-5 pm, NS-6 pm; please try to attend five minutes to the hour.

Call in:

Local: 1-416-764-8610

Toll free: 1-888-884-4539

Code: 8744408#

