

CANADIAN
GROUP
PSYCHOTHERAPY
ASSOCIATION



ASSOCIATION
CANADIENNE DE
PSYCHOTHÉRAPIE
DE GROUPE

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THE CHRONICLE

NEWSLETTER- CANADIAN GROUP PSYCHOTHERAPY ASSOCIATION
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PERSONAL EXPERIENCES WITH THE INTERNATIONAL ASSOCIATION OF GROUP PSYCHOTHERAPY: or WHY YOU SHOULD ATTEND THE IAGP CONGRESS IN MONTREAL THIS SUMMER. - - Bill Powles

I attended my first IAGP Congress in Philadelphia in 1977. Though this congress had been moved rather hastily from a failed European venue, it was an exciting affair for me. It was my first direct contact with famous and admired overseas people (I knew most of the North Americans). I toured historic Philadelphia with other Canadians and enjoyed an outdoor concert of the Philadelphia Symphony. Canadians were dissatisfied that no francophone sessions, nor simultaneous translations were provided. I brought back a Netherlands group therapist for a visit in Kingston.

Copenhagen in 1980 was even more exciting, with its old-world milieu, and a more European constituency. A trio of men playing old Norse horns accompanied the opening plenary. Theorists from France particularly intrigued me. A ripple of controversy arose at a plenary as to whether the Congress should speak to the nuclear arms race. A hasty, undemocratic election for the Board was one of my learning experiences! I had been coopted as Nominating Committee Chair, a really excellent way to get to know who's who. But I soon learned how different is the sense of constitutional democracy and parliamentary procedure among non-British cultures. I roomed with my old Netherlands friend. With a Japanese visitor I toured Tivoli Gardens, and later the old national Cathedral and viking ship museum at Roskild, and rambled about Copenhagen with an American, Jay Fidler.

Jay is probably the hardest working officer that IAGP ever had. After early, checkered beginnings-the first gathering was at Toronto in (I believe) 1962- and prominent bickerings between two charismatic old leaders, Jacob Moreno and Samuel Slavson, a healer

appeared in the form of Samuel Hadden as president, with Jay Fidler as Secretary-treasurer and later president. I truly believe that IAGP would have floundered without Jay's lengthy and tenacious services. IAGP now has an extensive membership network, truly international. Its chief activity is its triennial Congress, while activity preparing for Congresses keeps the 'pot boiling' and people in touch in the interim periods.

I missed Mexico City in 1983 and Amsterdam in 1989. But Zagreb in 1986 was again an exciting and refreshing experience. It was interesting to be on the dividing line between Eastern and Western Europe, in a big city with architecture dating from medieval times and the Austro-Hungarian Empire. We attended a concert by the Moscow Symphony, complete with sotto voce comments on USSR- Yugoslavian relations! A large Japanese delegation came for the first time. Our Croatian colleagues (Zagreb is Croatia's capital) were splendid.

Montreal should be as interesting and exciting as any previous Congress. A new feature since 1986 has been a two-day "pre- Congress" training institute, for which separate registration is required. Our own Anne Oakley and Roy MacKenzie are in charge of the Pre-Congress. Fern Cramer-Azima is the current president of IAGP. Allen Surkis is co-chair of the conference committee. Montreal is an exciting city in itself, and will be celebrating its 350th anniversary; its Palais des Congres, where the Congress will be held, is a remarkable centre.

I hope you will plan to attend, perhaps to make up a party to share travel and expenses. For further information on programme, registration and accommodation, please contact:

GEMS/IAGP Congress 1992.
Suite 100, 4260 Girouard.
Montreal, Quebec, H4A 3C9

FROM THE PRESIDENT - - Heather White

A great deal of preparatory work is being done by CGPA to prepare for the IAGP Congress, August 22-28, 1992 in Montreal. Part of our involvement will be the co-sponsoring of the Opening Reception to the Congress and a small working party has been struck in Toronto to plan the details. Anne Oakley, President-Elect, Doreen Birchmore, Co-Chair of Intersection Affairs, Erica Curtis, the nominee for Secretary and I have agreed to take on the responsibility to plan an enjoyable evening. We are hoping many CGPA members will come to Montreal to participate in the congress and enjoy the festivities. CGPA has

cancelled its annual meeting this year to enable all are members to attend IAGP and it is a very special honour to be the hosting country of a congress of such excellence. I look forward to seeing you all there and I hope you make a point of coming to our cocktail party.

All CGPA's policy making and priority setting will be taking place at our annual council meetings and the Annual General Meeting (AGM) to which all members are invited. An announcement of the AGM can be found elsewhere in this issue. Please note that a vote will be taken on a fee increase; our constitution requires written notification to all members.

There is a great deal of work being done in the five months before IAGP and I would like to highlight the projects on membership recruitment which are underway. When I first took office as President we had 190 members, we now have 288. My personal goal as president was to have over 300 members before I leave office, and we are well on our way. National head office has sent letters to the trainees and recent graduates of the Toronto Training Program and those Holy Cross trainees who have not joined. I was very pleased when it showed that most of them were already members. We will routinely be approaching trainees in our accredited training programs to invite them to join CGPA.

Our first ever membership drive is taking place this year, initiated and lead by the Public Relations Committee, chaired by Danielle Nahon. In addition to a nationwide mailing campaign they have designed a poster inviting group psychotherapists to join us and found local sections. I am very enthusiastic about this effort and I believe it will be an improvement over our word of mouth recruiting.

Developing local sections is an important technique of membership recruitment and we have had a significant development in this direction growing out of contacts made at our last annual meeting in Edmonton. An organizing committee of Andrew Cromwell and Roger Wilson has been set up to work towards developing the Okanagan Valley Section. They are currently recruiting members in their region and hope to encourage training in group psychotherapy. Should they become a section it will become the third new western one after Red Deer and Vancouver which were approved in 1991. I would like to thank the group psychotherapists at Holy Cross for their recruiting effort and liaison with the Okanagan Valley.

This is Herb Pollack's last issue of the Chronicle and on behalf of all of CGPA I would like to thank him for his work editing our newsletter. I am very pleased to announce that Tony Joyce has agreed to take over as Chief Editor. He will be assisted by John Salvendy, the new Co-Chair, and an editorial board which Tony is assembling from each of the sections. I look forward to the next issue of the Chronicle for the changes the new staff is planning.

FROM THE EDITOR: - - Herb Pollack

Well, this is my final issue. I would like to thank all those people who sent in articles and "stuff" for the Chronicle; especially those of you who didn't wait till the last minute. I would mostly like to thank Anne Eberle, who took over publishing duties on very short notice and did a professional job. I enjoyed doing the Chronicle, although I must confess I'm ready to turn it over. I hope that Tony Joyce does take it over; you can make his job a lot easier if you actually turn things in.

It would be nice for our organization just to enjoy and learn about groups. It is dismaying to have to deal with all the back room stuff, but as group people I suppose we should be able to handle these things; it's just a matter of coming up with the right intervention. It would be nice if we could worry about how to attract more members and what to offer them, than to be always focused on and worried about money. As I read what I have written, it seems kind of cynical and negative. I think there are a lot of terrific people in CGPA and it can and hopefully will be an organization we can all feel proud of to belong to. See ya!

IN MEMORIAM: MARTIN FISCHER - - Violet Head

Dr. Martin A. Fisher, M.D., F.R.C.P. (C), founder of the Ontario Group Psychotherapy Association is gone. He leaves behind so many memories and a sense of warmth in his being. He will long be remembered with affection and respect.

In the fall of 1965, a memo appeared in Canada's Mental Health Journal that a meeting of interest to group psychotherapists would take place at the Park Plaza Hotel in Toronto. There was Martin Fischer and there we were; Bob Henry, Dorothy Simonsen, Otteleen Leithwood et, al - and the Ontario Group Psychotherapy Association (OGPA) began. It was a wonderfully exciting time in which we came to know each other across disciplines- psychiatry, psychology, social work and nursing- and to share, to try new ideas and enhance our professional lives.

Dr. Fischer was able to entice some of our American colleagues to come and present workshops, e.g. Dr. Milton Berger, who later welcomed some of us to his home in New York City during meeting of the American Group Psychotherapy Association, an organization to which we became linked.

OGPA meetings took place in various Ontario centres. One of these settings was Windsor, where Father Adrian Record of the University of Windsor's Psychology Department was one of the leaders in the group psychotherapy field, who had a hand in arranging some fine professional events. After one of these, Dr. Fischer sat in the front seat of my car, with several

of us, on a very foggy late afternoon driving back to Toronto. I was the driver and pretty concerned with the weather conditions. Yet Martin just simply went to sleep, quite trusting me, until we reached the Toronto outskirts. I was impressed!

Margaret Naumbrug was invited by Dr. Fischer, reflecting his life-long interest in art as a therapeutic tool and part of psychoanalysis and psychotherapy. Soon the Toronto Art Therapy Institute also came into existence. I have since come to use art as a useful and fascinating part of my work in psychotherapy. I am grateful to them both for introducing me to this.

As I drive past 216 St. Clair Avenue West, on the way to my office, I look for the light in the second floor corner office. Many of us knew well that room and the kindly man who worked there. Early this January that light went out. We lost an unusual, warm-hearted friend whom we remember with gratitude.

AND FROM JOHN ARMSTRONG

Martin Fischer was not just the founder of the Ontario Group Psychotherapy Association. He was one of Toronto's vigorous and widely involved psychiatrists. He was known for his wise and stimulating thoughts much beyond Toronto and indeed beyond North America.

Martin came to Toronto during World War II in order to finish his medical training at the University of Toronto. His background was European where he had begun his training only to be forced to flee the turmoil and persecution. We were fortunate that he chose to come to Canada and to stay in Toronto. He is missed. Our heart-felt condolences go to his wife Beatrice and to his family.

FROM THE EDITOR

I'm sure I speak for all of us in extending sympathy to Dr. Fischer's family, colleagues and patients.

PLEASE NOTE -- Herb Pollack

John Salvendy submitted an article detailing the history of CGPA; it is a fascinating and informative story, told by someone "who was there". Unfortunately because of its length and the large size of this issue, it cannot be published in this issue. I would like to apologize to John and hope that it can be published soon, as I am sure every group therapist in Canada would be interested in it.

A SPECIAL THANK YOU - - Heather White

I would like to extend a special thank you to John Salvendy, the Founding President of CGPA who made arrangements for a contribution from Merrell Dow to support CGPA's involvement at the IAGP in Montreal, August 22-28, 1992. These funds will be applied towards the opening ceremonies which CGPA is co-sponsoring as the host country.

CANADIAN GROUP PSYCHOTHERAPY FOUNDATION: IN BUSINESS AT LAST - - Bill Powles

Early in January we learned that the Foundation has been approved, with its registered number, as a charitable organization able to receive donations and bequests.

The long story of the Foundation's gestation and birth- it was officially incorporated in September 1991- has been told in previous "Chronicles". What is the Foundation?

The Foundation is a charitable trust paralleling CGPA but distant from the Association. Its aims are to benefit the Canadian public- not CGPA or its members, as we had to prove several times over- by education, dissemination of standards, training, and research. We hope to provide public lectures, informational literature, awards and bursaries to trainees and grants and awards to researchers; further ideas will be sought. Of course we need funds!

The first Directors of the Foundation are CGPA's executive officers of 1988-1990 and the chairs of Budget and Finance and Constitution for that term. Elections will be held when we hold our first formal general meeting. All members of CGPA are automatically members of CGPF, with voting privileges corresponding to their CGPA status.

I hope that all members of CGPA/ CGPF will consider making an initial donation, however modest, to get the Foundation "off the ground". Eric Jackman has munificently provided funds for the start up expenses of legal and governmental fees, several thousand dollars. The Directors have been invited to follow suit and show an example.

Such donations (or even bequests) should be made out to "Canadian Group Psychotherapy Foundation" and sent to Dr. W. E. Powles, 72 Barrie Street, Kingston, Ontario, K7L 3J7 (the present official address of CGPF). A proper receipt for income tax purposes will be furnished.

It has been a long haul. Now, let's go !!!

**NOTICE OF THE 13TH ANNUAL GENERAL MEETING OF THE
CANADIAN GROUP PSYCHOTHERAPY ASSOCIATION**

CGPA will hold its Annual General Meeting on Wednesday, August 26th from 12:15 - 1:00pm in Montreal at the IAGP Congress. The specific location will be announced at the congress. All members of CGPA are invited to attend. Items for the consideration of the membership will include:

1. Reports and Statements of the Executive and Committee Chairs
2. Election of the new Executive
3. Vote on the membership fee increase
4. Vote on the abolishment of membership cards
5. Transactions of any other business properly brought to the meeting.

COMMITTEE REPORTS

**FROM THE TREASURER AND BUDGET AND FINANCE COMMITTEE - -Deborah Elliott
and William Piper**

These are tough economic times and an increase in membership dues is controversial. The Council of CGPA met in October 1991 at Edmonton and approved the principle of a balanced budget for the 1991/1992 fiscal year. According to this principle, regular income = regular expenses. Regular income includes membership dues, revenue from membership application fees and revenue from membership certificates. Regular expenses include routine expenses associated with head office, executive offices, committees and section rebates. During recent years our total assets have been:

1987	\$48,691
1988	41,787
1989	41,065
1990	23,718
1991	16,598

The reduction in assets has mainly been due to financially unsuccessful conferences as well as increasing expenses as we centralized activities at head office. The Edmonton conference was a good money maker as well as an excellent conference and we should be able to restore some of our losses so that we may again have a reasonable reserve. CGPA is not having a conference in 1992 and we cannot count on income from the IAGP conference in Montreal. Thus the principle of a balanced budget becomes crucial for the viability of our organization.

This year (1991/1992), in order to maintain a balanced budget, the rebates will be cut in half from 40% to 20% of the membership dues paid from each section. It would be nice to return to the previous rebate rate of 40% in the 1992/1993 fiscal year. Let's walk through the arithmetic. In 1990/1991 our regular expenses were:

Our membership dues for the year was		\$19,183
Head office - conference expenses	\$ 12,000	
Committees - program	2,000	
Rebates	<u>4,500</u>	
	\$ 18,500	

Thus in 1990/1991 we achieved the principle of a balanced budget. However, we still suffered a loss of assets. Our losses were from the Ottawa conference (1990), and some leftover expenses from the previous year. We also lost money at the Banff conference (1989).

For 1991-1992 (the current year) the Council approved the following budget which almost matches our anticipated income:

Head office - executive	\$ 14, 295	
Committees	1,925	
Other expenses	450	
Section rebates (20%)	<u>3,630</u>	\$20,300

Out of the profits from Edmonton we are paying:

Return to Assets	\$ 10,000	
Attendance of Secretary at Montreal	1,000	
Two Fax machines	1,500	
Membership Needs survey	300	
IAGP membership dues	750	
IAGP 1992 meeting social event	<u>600</u>	\$14,150

That leaves us with approximately \$4,500 from the profits of Edmonton for emergencies or other expenses, such as an increase in section rebates (closer to previous levels) or an advance for the Vancouver meeting in 1993.

Let us now look at anticipated expenses for 1992-1993 using our principle of a balanced budget (assuming 3% inflation). We are assuming that the Vancouver meeting will, at worst, break even.

Head office expenses	\$ 14,750	
Committees	2,000	
Other expenses	500	
Section rebates (40%) -based on 1992 dues	7,250	
Secretary to attend Vancouver Conference	<u>1,500</u>	\$26,000

Estimated income from increase in membership dues at the level approved by Council in October 1991:

Full member	\$125.00	
Associate member	75.00	
Auxiliary member	45.00	
Membership dues		\$27,635
Applications and certificates		<u>1,400</u>
Total		\$29,035

If we recalculate the rebates based on 1993 dues, the expenses become:

Head office and inflation	\$14,750	
Committees	2,000	
Other expenses	500	
Section rebates (40%)	<u>11,054</u>	\$29,800

Again, the budget is close to being balanced.

In these calculations we are assuming that members are attached to sections and want the sections to benefit from rebates. Head office is already running at bare cost. In fact Anne Eberle is allowing us to use her basement so we are saving on rent. We don't see how we can cut any more costs at Head Office. Thus, if the fee increase is not approved by the membership, the only saving we can make is through the rebate.

We have calculated out various scenarios. The Council as a whole approved the membership increase for 1992-1993, but the membership at the Annual Meeting in Montreal in August 1992 will have to ratify it. This article indicates why it should be ratified. We realize that the idea of raising dues is an unpopular one. It is necessary however in order to ensure the financial future of CGPA.

CONCERNS ABOUT THE PROPOSED FEE INCREASE - - Heather White

CGPA Council has approved a fee increase which must be approved by CGPA voting members at the AGM at IAGP in Montreal on Wednesday August 26, 1992 at 12:15pm.

	<u>Current Fees 1992</u>	<u>Proposed Fee 1993</u>
Full	\$75.00	\$125.00
Associate	60.00	75.00
Auxiliary	45.00	45.00

There have been several complaints made about the increases and I wanted to pass them along to all CGPA members before the vote.

Firstly, one member suggested that for an organization our size, and considering the country is in an economic recession, our reserves are already large enough. They will increase gradually as we have conferences in a better economy and can assign a percentage of our profits to the reserve account.

Secondly, another member who has been on council and helped organize conferences suggests that the losses at recent conferences were due to poor guidance, lack of budgeting and accountability in the CGPA administration and committee sections. Many of these problems have been rectified by the current Budget and Finance Committee and the accounting procedures put into place by our Treasurer. With this new system, conferences should make a profit, although occasionally in some locations they may only break even. Thus, this argument goes, fee increases are not needed at this time.

The third comment has been about the size and proportion of the increases. This person has suggested the increase be smaller and spread more evenly across the membership categories. The full members fee from \$75 to \$125 is considerable. A smaller increase could be instituted and another one planned at a later date, should it be necessary.

I would like to emphasize these opinions are not mine, but I wanted to circulate them so that each member could make an informed decision. If you have any ideas, please write a letter to the editor for the June/July issue of the Chronicle. It will be coming out before the IAGP and could make a difference!

FROM THE PROGRAM COMMITTEE- Kent Mahoney and Doreen Birchmore

The program is critically important in attracting participants and presenters to our annual conference. We hope to encourage potential registrants to plan to attend the conference by setting sites for the conferences several years in advance. This also enables effective programming. The dates for the conference should be permanently set for the week following the Thanksgiving weekend whenever possible. Exceptions in local circumstances may result in change, e.g. Vancouver on September 29, 1993. A format based on a four day conference (two days for lectures and workshops and two days for process groups) is being studied.

SITES FOR THE NEXT TEN YEARS

1992	MONTREAL (IAGP CONFERENCE)
1993	VANCOUVER
1994	TORONTO
1995	CALGARY
1996	OTTAWA
1997	WINNIPEG OR RED DEER
1998	MONTREAL
1999	BANFF (20TH ANNIVERSARY)
2000	TORONTO

At CGPA Council, the idea of having a permanent program committee was discussed; also suggested was the four year model used by AGPA. The Julius Guild Memorial lecture will be a biennial event to be held whenever the conference is in the west. It was suggested that these lectures should be advertised to the general public, and perhaps have an evening time slot as the community in general is hungry for such public service programs.

The single day registration fee worked well in Edmonton and should be continued, as it did away with many complaints from presenters who previously had to register for the entire three days of the conference. An accurate method of accounting, which includes all real expenses incurred is essential. This was introduced during the Edmonton conference and was most helpful.

The conference booklet is the main source of advertising, but an expensive one. Sending out folded fliers at the preliminary stages and then following that up by sending booklets to registrants was suggested. The booklet format seems to be the best, as we feel the Ottawa prototype did not work. With the Edmonton conference having been such a success, we look forward to continuing this positive momentum in future annual conferences.

CONSTITUTION COMMITTEE REPORT - - Anne Mahoney

A special meeting on the Constitution will be held after the Annual General Meeting on Wednesday, August 26th at 12:50pm for voting members of CGPA to discuss and vote on the following proposals:

1. The Intersectional Liaison Committee to be changed from an AD Hoc Committee to a Standing Committee
2. Changes in election procedures to include mail out ballots when appropriate.

FROM THE PUBLIC RELATIONS COMMITTEE: CGPA RECRUITMENT CAMPAIGN --
Danielle Nahon

Our 1992 Recruitment Campaign is now in full swing, with the newly printed brochures complementing the remainder of our Public Relations package approved by Council last October. We are currently in the process of contacting hospitals as well as community mental health settings across Canada, and extending an invitation to our peer group psychotherapists in the professional community to join CGPA.

In the next months, we will be carrying out our mandate of assisting interested groups in starting out a new Section. As our budget is limited, we are encouraging individuals at the centres which we are writing to, to act as contact persons for their region, for ongoing communication and networking. We would welcome the input of CGPA members who are currently living in an area which does not yet have a local Section, to write to us and liaise with us regarding recruitment strategies. I am looking forward to welcoming new colleagues into our national family.

FROM THE TRAINING COMMITTEE: RESULTS OF SURVEY ON CONFERENCED BASED TRAINING PROGRAMME -- The survey designed by Tony Joyce and compiled by Anne Oakley. (editor's note: I will present selected results)

The report is dated December 2, 1991. 56 persons responded, 40 female and 16 male. Average age was 41, whereas educational level broke down with 35% at masters level, 21% were RN's, 15% Ph.D., 15% at bachelor's level and 14% were MD's. 80% work in urban settings, 16% in suburban and 4% rural.

Alberta respondents comprised 53%, with Ontario 24% and BC 16%. About half work in hospitals, and groups comprise about 37% of the clinical work of our sample. 80% were CGPA members, with a little more than half being full members. 64% have considered engaging in available group psychotherapy training.

The conferenced based training notion was received very favorably (6.0 out of 7). They see the benefits of further training. On average the respondents felt slightly positive about engaging in the proposed training program and could make the commitment to it. More Westerners felt positively inclined. 50% felt they could pay less than \$2,000 for the training and 44% felt they could pay between \$2000 and \$4000.

The respondents had attended on average 2 of the last 5 CGPA conferences; the interpersonal approach was the kind of training most desired, followed by psychodynamic

approaches. A variety of topics and issues e.g. transference, stages of groups, etc. were mentioned.

Comments highlighted the notion that more people could be trained in a conference based approach. There certainly appears to be substantial interest in this kind of training and a recognition that good training is essential to producing good group psychotherapists. The members of the Training Committee are Fern Cramer-Azima, Maureen Coleman, Linda Goddard, Peggi Liswood, Kent Mahoney, Anne Oakley, Suzanne Robinson, Allan Surkis, Heather White and Richard Winnick.

FROM COMMITTEE ON INTERSECTION AFFAIRS - - Doreen Birchmore

A GENTLE REMINDER! A letter went out to all section presidents from the co-chairs of the Committee on Intersection Affairs. Please respond to the questions and let us know how best to keep in touch and to support one another.

The mandate for the committee is to strengthen section activity both at a section level and at a national level. Lets talk about how best to do that. Fax your responses to either Doreen Birchmore in Toronto (416) 425-3930 or Evie Wallace in Calgary (403) 541-2120.

SECTION REPORTS

FROM THE CALGARY SECTION - - Colleen Eggertson

Our 9th Annual Spring Conference will be Friday, May 1, 1992 at the Sheraton Cavalier Hotel, entitled The Ignored Truths In Therapy. Presentations will include "Culture And Therapy" by Paul Gronnerud, "A Gender-Sensitive Approach To Psychotherapy" by Terri Sullivan and Mike McKernan, and "Panel - The Unthawing Of Invisible Dilemmas" with Anne Mahoney, Faye Jackson, Tim Gillese and Tom King. At lunch is "A Tribute To Group Therapists In Calgary", which we hope will become a regular part of the Spring Conference. Confirmed so far are: Arleigh Porte and Anne McFaul for the "Anger Management" program at the Pastoral Institute; Janice Popp for the "Adolescent Group" at the Northwest Clinic, Alberta Mental Health; and Betty Gislason for the "Functional Assessment And Enhancement Group" at the Dr. V. Fanning Centre.

Many Calgary Section members were involved in the Open House of the Group Psychotherapy Training Program, Holy Cross Hospital, on February 19, 1992. Papers were presented by two trainees; Pregnancy: A shared Experience by Marcia Nerbas, and Hope For The Sandwich Generation Or Regeneration At Mid-Life by Anne Brown.

Certificates of Competence were awarded to Beverly Ireland, Foothills Hospital and Anne Brown, Holy Cross Hospital. Janice Popp was appointed the first Adjunct Institute Supervisor. Anne Brown and Jean Addington, from the Outpatient Team, Holy Cross Hospital, received Staff Models Awards. Tracy West, Institute Secretary, received the Service Award. Carol McDonald, Group Supervisor at Rockyview Hospital's Southern Alberta Regional Geriatric Center, received the Alumni Award.

Correction to last issue of the Chronicle. Six scholarships (not eight) for presentations at the Edmonton National Conference were given to Dennis Martin, Noreen McCallum, Linda Goddard, Jean Addington, Mike Brager, and Jim Merchant. Awards were not given to members of the Section Executive, non-members or members not in good standing.

FROM THE OTTAWA SECTION - - Danielle Nahon

The 1992-1993 season in Ottawa is now in full swing as we chase away the winter blues with a dynamic program of speakers and continuing education. For our first seminar, held on March 2, 1992, we were privileged to have Dr. Nedra Lander, a Senior Psychologist with over twenty years experience in teaching and training group therapists, as our guest speaker. Dr. Lander spoke to us about Mowrer's Integrity Therapy and its applications for work with a highly characterologically damaged population. This first meeting was well attended by a cross-section of group therapists from across the Ottawa-Hull region, many of whom have expressed an interest in joining CGPA. Their involvement will add new vitality to our local section.

Our next meeting, scheduled for April 6, 1992, will feature Mr. Paul Carrier, M.S.W., a social worker with many years of group work experience in the area of intra-familial sexual abuse. The title of his presentation is "Group Work with Incest Offenders: Dealing with the Sickness Label". We look forward to learning more about a new perspective in dealing with this challenging population.

Many other exciting speakers will be addressing our local group in the months to come. It is our hope to host our meetings on a rotating basis in different mental health settings across the region, in order to maximize the spirit of inter-disciplinary cooperation and networking. On an intermittent basis, we will provide the opportunity for case discussion and peer review of the ongoing group therapeutic work of our members.

REPORT FROM TORONTO SECTION - - Herb Pollack

We have welcomed a new president--Mary Clark, who has served on our council for many years. It was through Mary's initiative and hard work that our directory of group therapists in

Metro Toronto was published several years ago; Mary is currently in the process of updating it. Our new Council in addition to Mary has Doreen Birchmore as Past President, Vi Head as Treasurer, Cheryl Rollin as Secretary and as Council members we Sam Minsky, Jackie Masson, Bonnie Robson and Arnold Wellman.

At our Annual meeting, John Armstrong did a presentation on sexual contact between therapists and patients, which was followed by a lively discussion and airing on this important topic.

In February Dr. Eduard Klain from Croatia, presented a workshop titled "Dealing with Transference and Counter-Transference in Groups". We had a good attendance for this experientially based workshop. Herb Pollack, who is programme chair, hasn't advised Council as yet about plans for the next workshop. He has a tendency to be very secretive. It is likely that Bill Piper will be doing a workshop on research in group therapy in the fall. At least that's what 'informed sources' tell the reporter.

FROM THE VANCOUVER SECTION - - Peter Martin

Following the formal ratification of the Vancouver Section during the 1991 Annual Conference in Edmonton, the Section has continued to grow in momentum.

A small Interim Steering Committee, comprising of Roy MacKenzie, Joan White and myself met on a number of occasions to plan the Section's Inaugural meeting. We had anticipated between 40-60 people to attend this meeting, which was to be held in the Day House, U.B.C. However, about a week before the meeting (23 January 1992) the anticipated number had grown to over 100! The meeting was moved to the main UBC site to accommodate the swelling numbers. By the 23rd of January, 170 people attended!

The evening comprised of a light supper, a Section business meeting followed by a panel discussion on "Personality Disorder Patients in Group Therapy". The panel was chaired by Roy MacKenzie, with three guest speakers, John Livesley, Joan White and Peter MacLaughlin.

The evening was a great success. An Executive was elected as follows:

<u>President</u>	Peter J. Martin
<u>President Elect</u>	Sherry de Rappard
<u>Secretary</u>	Harold Urstad
<u>Treasurer</u>	Joan White

The Section faces a challenging future developing an education program for the next two years. We are hoping to offer a quarterly program for members. In addition, Vancouver will be hosting the 1993 Annual CGPA Conference. A Local Arrangements Committee is being set up at this time to organize this exciting event for Western Canada.

Application for new memberships continue to arrive on a weekly basis. It would appear that the formation of the Section was well timed as enthusiasm is presently extremely high in British Columbia.

CGPA GOES GREEN

You may have noticed a change in the correspondence you have been receiving from Head Office. We have officially adopted a green policy to protect the environment and save money. We have streamlined our paperwork in our correspondence and billing. Look for an even more efficient invoice next year which will save even more trees!

It has been suggested that CGPA abolish the membership cards distributed every year. Although they are popular, they have no purpose. Conference organizers will have an updated membership list available as members are entitled to reduced fees at conference meetings. Please note that this is on the agenda of the AGM for your vote

THE FUTURE OF THE CHRONICLE - - Anthony Joyce

As the membership may be aware, Herb Pollack is stepping down as editor of the CGPA newsletter following the distribution of this issue. I'm sure I speak for all members of the Association in thanking Herb for his hard work over the past three years.

I have agreed to take on the job of chief editor for the Chronicle and John Salvendy has graciously volunteered his services as co-editor. Our aim is to develop the professional and scientific quality of the newsletter. John and I agree that this evolution of the Chronicle might be accelerated by the creation of the editorial board comprised of the representatives from each section of CGPA. In the past few months, I have been busy seeking volunteers for these section editor positions. In addition, each section is expected to follow the Council's resolution and nominate a communications officer who could act as a "field correspondent for newsletter material. What we envision, then, is the following, Submissions for the newsletter from the members from each section would be solicited through the efforts of the section's communications officer and editorial representative. The initial editing and revision would be the task of the section editor, who would then forward the materials on to John or myself (i.e., and East and West split). John and I would collaborate on the preparation of the newsletter proper, and Anne Eberle would continue to do her fine job of getting the finished product to

the presses and out to our readers. The development of this editorial set-up is presently a work in progress and I will keep you posted as it proceeds.

Submissions for the Chronicle should be typed and double-spaced. The author's name, degree and affiliation should be clearly marked. Submissions can include: a) reports of individual member and/or section activities; b) letters to the editor regarding concerns about the Chronicle or Association endeavours; c) clinical or research reports of innovative group approaches; and/or d) feature articles (e.g. clinical or research reviews, workshop or conference summaries, personal experiences as group member or leader, etc).

Our "inaugural issue" is planned for the summer before the IAGP Congress in Montreal. The **deadline for submissions is June 20, 1992.** I encourage you to submit material to the Chronicle; we would also certainly welcome any volunteers in the "newsroom". Send submissions for this issue by mail or fax to John or myself at the addresses below.

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