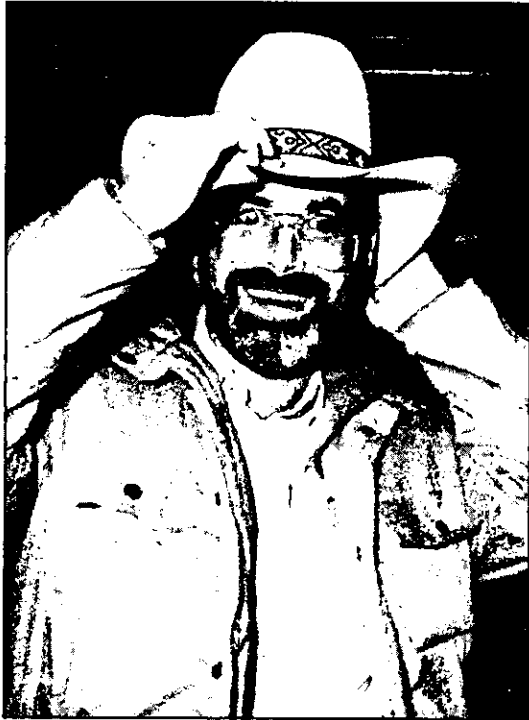


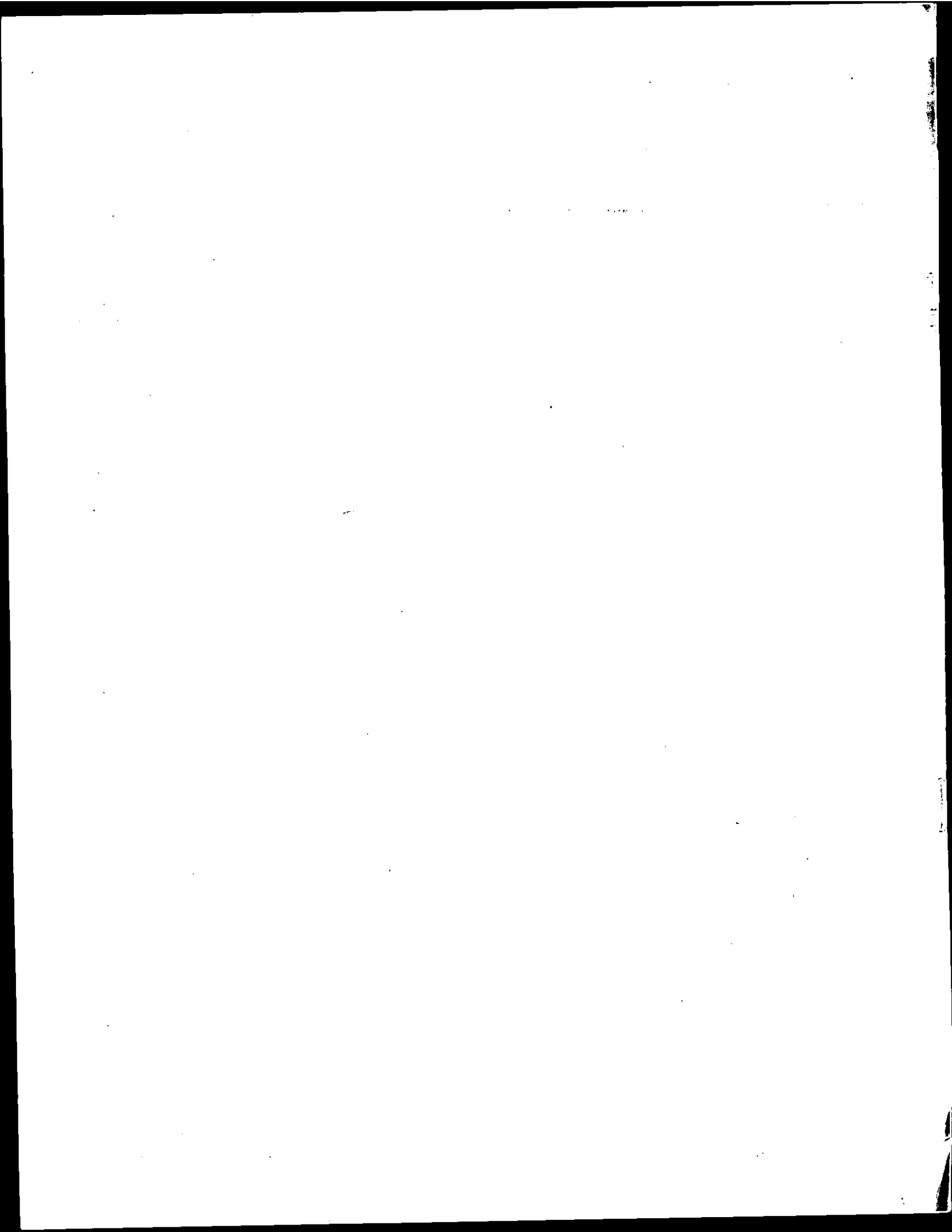
CGPA

Canadian Group Psychotherapy Association

NEWS LETTER

VOLUME 1 No.1 _____ March 1981





EDITORIAL

It is not every day that one has the opportunity to either write or read the first sentence in the first newsletter of a new national organization. The publication of this newsletter is another important step towards establishing the viability of the C.G.P.A.

There can be few doubts about the success of the inaugural meeting at Banff from which a new organization emerged fully fledged. Since then, the momentum has been successfully maintained by the interim council and the executive. Now that the central structure is in place and functioning satisfactorily, the next most important step is the formation of local units. These developments provide an exciting opportunity to consolidate the achievements that have been made so far. Local units are needed to form the grassroots support for the organization. Hopefully, they will stimulate the creation of training programs as well as facilitating the exchange of ideas.

This newsletter, to be published several times each year, can serve an important role in these developments by providing a mechanism for the sharing of ideas and information. Your views are needed.

THE CONSTITUTION OF THE C.G.P.A.

The Canadian Group Psychotherapy Association incorporated on October 15th, 1980. The following is a brief account of the aims, structure and membership categories of the organization as described in the incorporation document.

AIMS OF THE ORGANIZATION:

- 1) To encourage the exchange of information by means of meetings, workshops, seminars, conferences and newsletters.
- 2) To encourage and sponsor activities which enhance knowledge of and skills in group psychotherapy.
- 3) To establish national, uniform standards for training and practice.
- 4) To promote research in this discipline.
- 5) To co-ordinate the efforts of training institutions and programs.

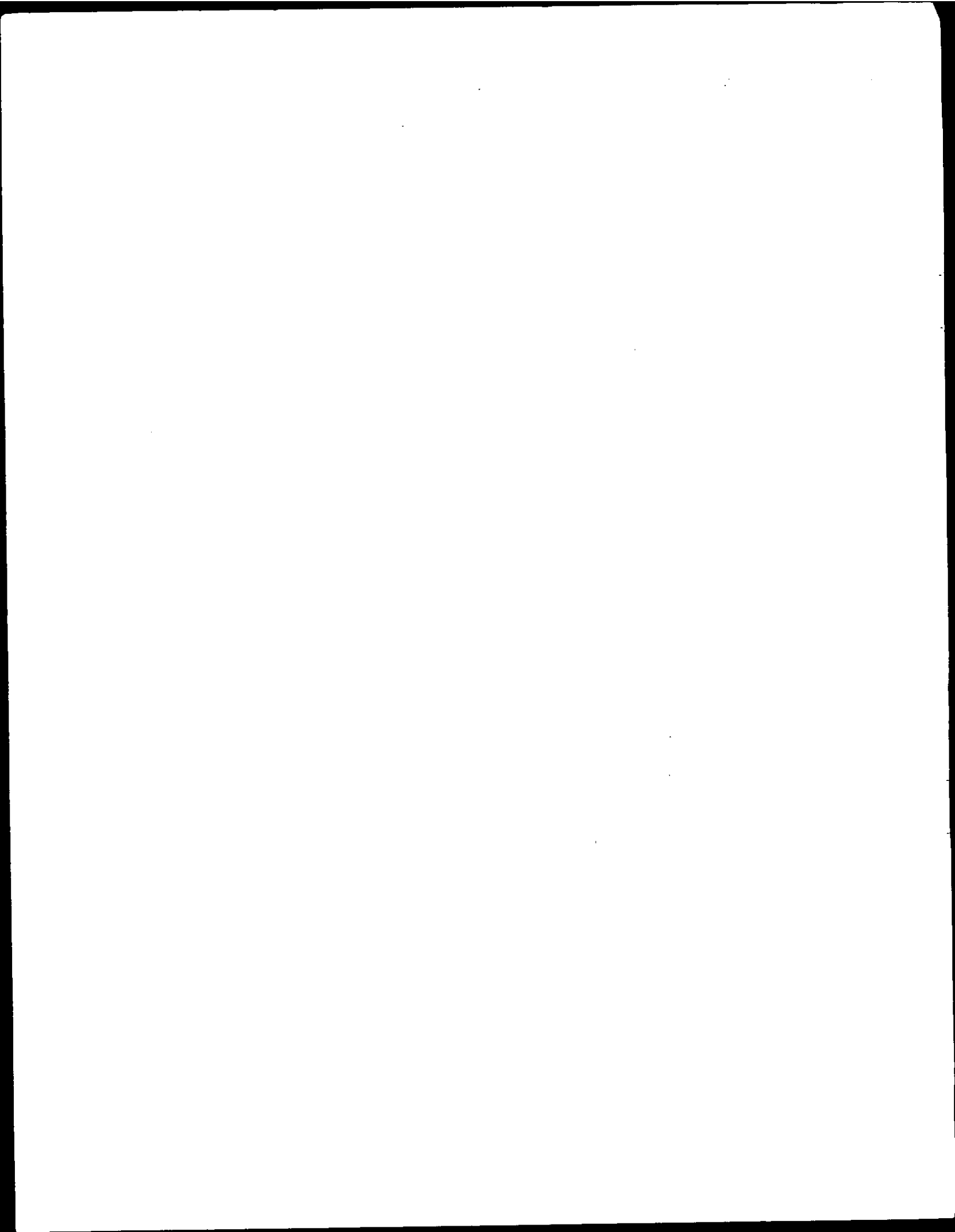
ORGANIZATIONAL STRUCTURE

The governing body of the C.G.P.A., the Council, is composed of the:

- a) Executive Committee, elected by membership at large for 2 years, will carry out the day-to-day operations of the association and participate along with the rest of the Council in all policy decisions. The Executive Council is composed of the President, the President-Elect, the Vice-President, the Treasurer and the Secretary, who are also voting members of Council.
- b) Regional representatives elected by the members of their respective regions for 2 years, to represent them on Council. The regions designated are: British Columbia, the Prairies, Ontario, Quebec and the Maritimes. The regional representatives are voting members of Council.
- c) Chairperson of Standing Committees: These Committees include Budget & Finance, Constitution & Election, Membership, Nominating, Program, Publications, Public Relations, Local & Regional Affiliates, Research & Training. The chairpersons are nominated by Council in consultation with the President and the Committee Chairperson appoints members in consultation with Council.

MEMBERSHIP CATEGORIES:

- 1) An ordinary member may hold office, serve on Committees and vote. To become a member, a person must hold at least a Master's degree in a health discipline and have had at least 120 sessions of supervised group psychotherapy as well as formal training in individual and group therapy.
- 2) Associate member may vote and serve on Committees but may not hold office. Mental health professionals who are members in their respective, national and regional professional association and have had at least 120 sessions of supervised group psychotherapy as well as formal training in individual and group therapy.
- 3) Auxiliary members who may serve on Committees but may not vote or hold office. Mental health professionals or students in those fields who are interested in or engaged in practice, research and



administration related to group psychotherapy.

ANNUAL MEETING AND CONFERENCE

The location will vary yearly from region to region.

MEMBERSHIP CRITERIA

Some delegates at the Banff Conference expressed concern about the membership categories outlined in the Constitution. In particular, they were concerned about the apparently fixed nature of these categories. In this connection, it is important that two points are borne in mind. Firstly, it is anticipated that as more training programs develop, members will be able to augment their membership categories. Secondly, membership categories will probably be re-examined and elaborated with time.

COMMITTEE CHAIRMEN

The following have been appointed by the interim council to chair the committees of the organization:

PROGRAMME	Shalom Camenietzki, Ph.D. Toronto
TRAINING	Jacques Garant, M.D. Montreal
RESEARCH	William Piper, Ph.D. Montreal
MEMBERSHIP	Heather White, Ph.D. Toronto
CONSTITUTION & ELECTION	William Powles, M.D. Kingston
PUBLIC RELATIONS	Miles Buckman, Ph.D. Vancouver
REGIONAL AFFILIATES	Brian Plowman, M.D. Calgary
BUDGET & FINANCE	Jean Meunier, M.D. Sherbrooke
PUBLICATIONS	John Livesley, M.B. Calgary

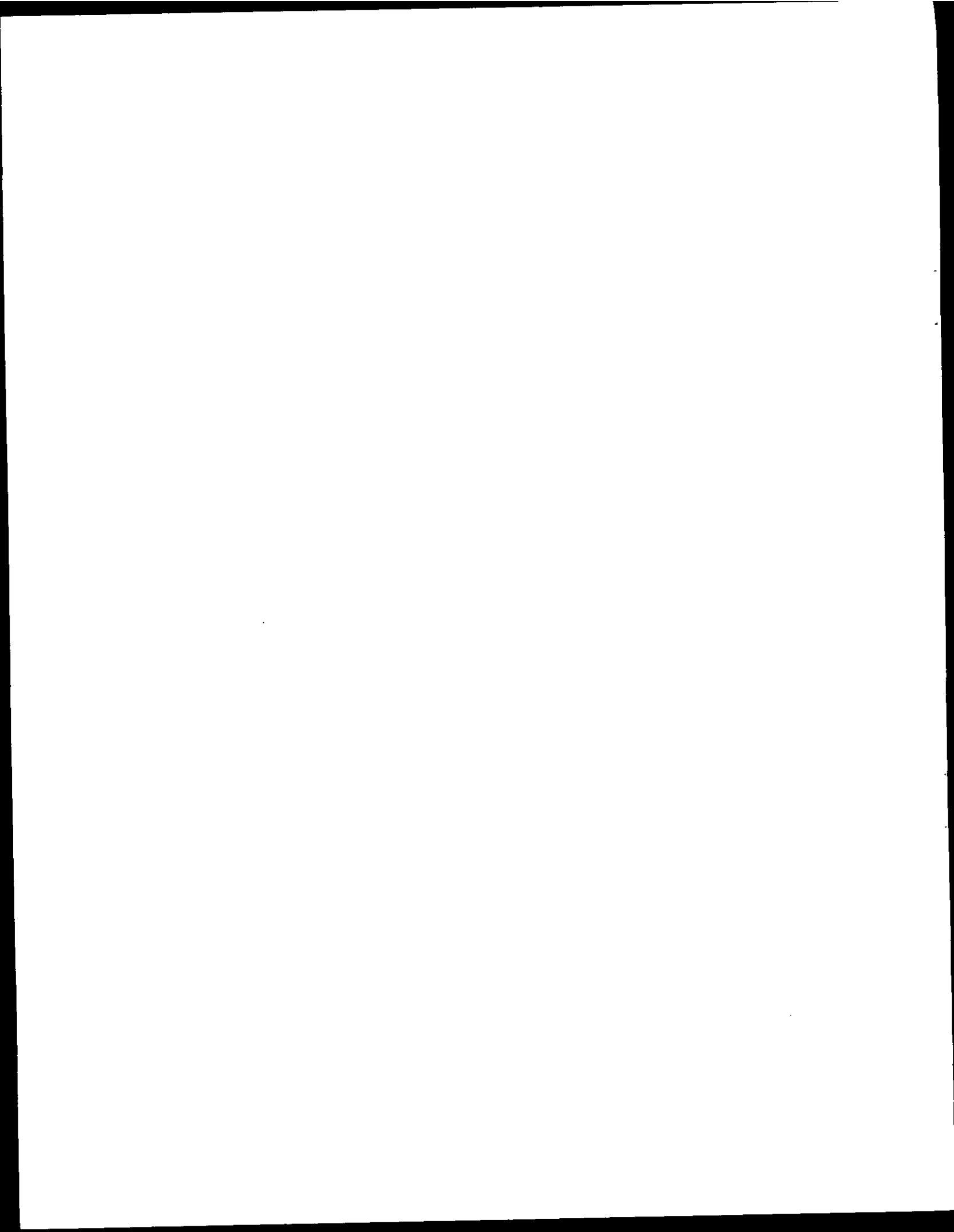
NEWS FROM THE PROGRAMME COMMITTEE

Our first Conference in Banff was a major educational, organizational and professional success. We not only laid the groundwork for the C.G.P.A. as an organization but had our first Institute which included fifteen groups with over 160 group members. Over 200 colleagues, from all parts of the country, had the opportunity to meet, to get to know one another and to establish the basis for future co-operation. After the Conference, the Committee compiled and summarized the rating scales of the Conference. All Faculty instructors were invited to lead our groups in future Conferences as their group members rated them very favourably.

The Programme Committee has expanded to ten members: five from Toronto, four from Montreal, and one from Calgary. We are actively organizing our second Annual Conference in the Park Plaza Hotel, Toronto, October 14th - 17th, 1981. The Committee expects to have 400 registrants. The programme will include a keynote speaker on Wednesday evening (October 14th) and over a dozen workshops the next day on a variety of topics including theory, research and the practical aspects of group therapy. In parallel to the workshops, there will be a section dealing with scientific papers. Experiential groups will occur on the last two days of the Conference (October 16th and 17th). The intention is that this will be organized in a similar way to the Banff orientated groups. There will also be a number of Special Sessions on specific theories and approaches to group psychotherapy.

A great deal of planning and organization is under way but the Committee is still eager to receive suggestions and nominations for the second Conference. We would like to know what kind of workshops and leaders the membership wants. We are inviting members of the C.G.P.A. to present papers on the section on scientific papers so that the Conference includes events related to practice, theory and research in group psychotherapy. It will be possible to arrange for some of the experiential groups to have French-speaking leaders if there is a demand.

For information, suggestions and nominations, please contact:
Shalom Camenietzki, Ph.D., Chairman,
Programme Committee, Mount Sinai Hospital,
Suite 938, Toronto, Ontario. M5G 1X5.



ELECTION OF MEMBERS OF COUNCIL

At the first Organizational Meeting in Banff, interim approval was given to a slate of officers in order that the business of C.G.P.A. could go forward. That slate, as listed below, is now formally nominated for Council. Additional nominations may be submitted from the membership addressed to: Dr. John Salvendy, St. Michael's Hospital, 30 Bond Street, Toronto, Ontario. M5B 1W8. Deadline for additional nominations is May 1st, 1981.

- PRESIDENT John T. Salvendy, M.D.
Toronto
- PRESIDENT ELECT Fern Azima Ph.D.
Montreal
- VICE-PRESIDENT K. Roy MacKenzie, M.D.
Calgary
- SECRETARY Violet Head, M.A.
Toronto
- TREASURER Maurice Blackman, M.D.
Edmonton
- QUEBEC
REPRESENTATIVE Eli Debbane, M.D.
Montreal
- ONTARIO
REPRESENTATIVE Ruth Bray, Ph.D.
Toronto
- PRAIRIES
REPRESENTATIVE Judy Lobdell, M.S.W.
Winnipeg
- BRITISH COLUMBIA
REPRESENTATIVE Ferdinand Knobloch, M.D.
Vancouver
- MARITIMES
REPRESENTATIVE Joan Rowse, M.Sc. (Nrsng)
St. John's, Nfld.



FUTURE NEWSLETTERS

The next newsletter will be mailed towards the end of May. Any information likely to be of interest to C.G.P.A. members will be welcome.

In future, it will be possible to publish the newsletter in French if there is a demand.

REGIONAL AFFILIATES COMMITTEE: A NOTE FROM THE CHAIRMAN

As Chairman of the Regional Affiliates Committee, I would like to facilitate the formation of local groups. The developing strength of the organization is dependent upon a network of local affiliates to provide a grassroots base. Hopefully, before long, local groups will be established in each region of the country. Each affiliate will, of course, want to show its own individuality and local colour, and will vary the format and frequency of their meetings according to local needs. The national group can help in this process by providing information about how others have gone about establishing a local organization and the chairman is willing to act as a clearinghouse for this sort of information. In some areas, this is well under way and the local organization has been in place for many years with its own formal training procedure. The office of regional affiliates will also provide a clearinghouse for information about the availability of speakers, workshop leaders and similar information. I am looking forward to an interesting and productive time during the formative years of our organization.

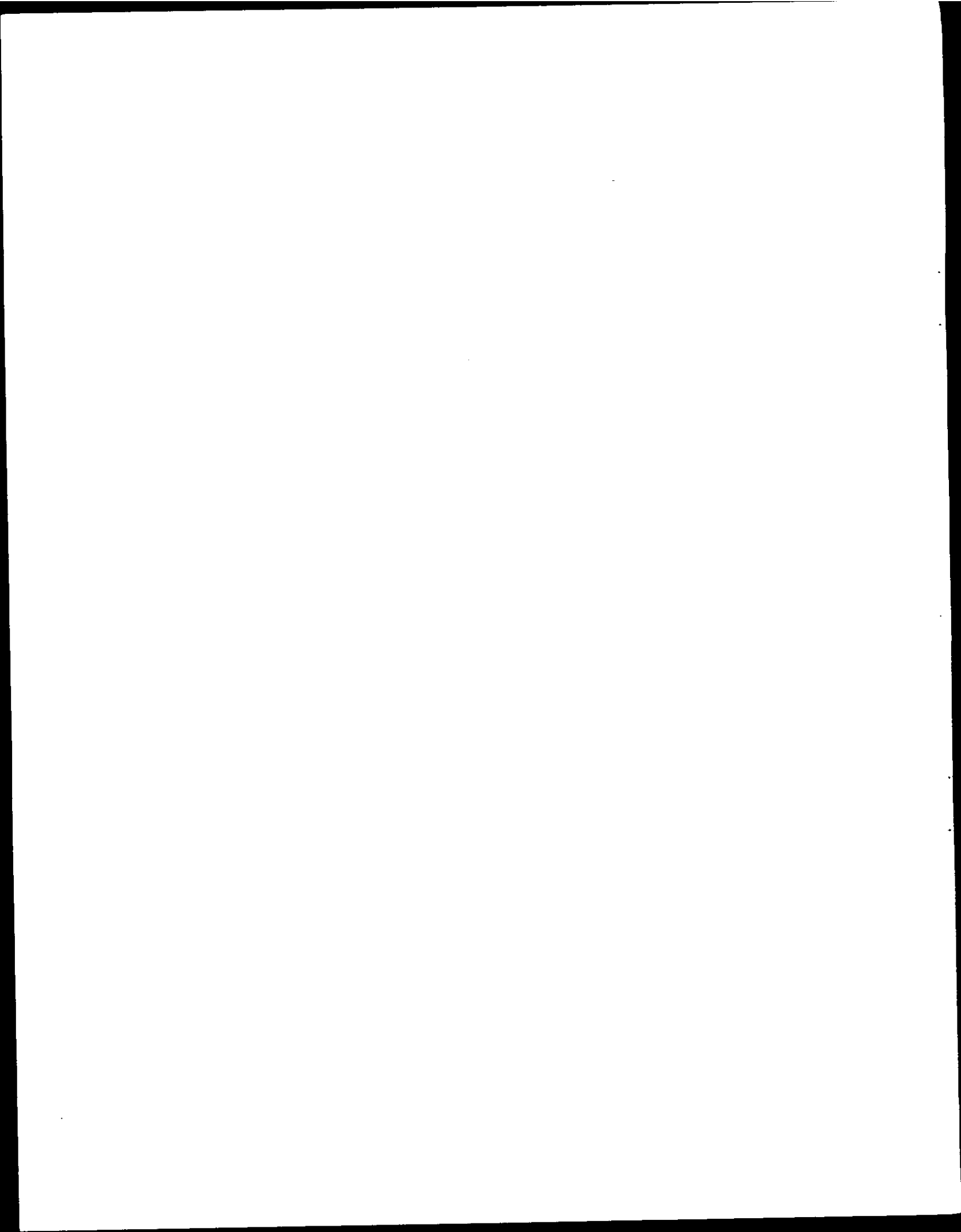
Brian K. Plowman, Foothills Hospital,
1403 - 29th Street, N.W., Calgary,
Alberta. T2N 2T9.

FROM THE MEMBERSHIP COMMITTEE

Over 100 people completed a temporary membership form during the Banff Conference. Feedback from delegates led to the development of a new form which has now been sent to everyone attending the meeting. If you have not already done so, please complete and return your membership application.

The Membership Committee also needs members to join it. At the present time, work needs to be done to develop a system to process applications and in writing a membership brochure. Any one who is interested in serving on the Committee should contact:

Dr. Heather White,
Outpatient Psychiatry Department,
Toronto East General Hospital,
825 Coxwell Avenue,
Toronto. M4C 3E7.



C.G.P.A. AT A.G.P.A.

C.G.P.A. hosted a reception during the A.G.P.A. Houston Meeting. This was attended by the entire sixteen member Canadian contingent as well as most of the British and Australian participants. A broad sampling of A.G.P.A. Board members and Committee Chairmen also enjoyed the Canadian hospitality. It was an opportunity for further discussion of the objectives and organization of our organization. A number of the non-Canadians attending expressed interest in attending future meetings in Canada.



Please do not forget to return you membership forms.

EDITOR

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Calgary, Alberta.
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CANADIAN GROUP PSYCHOTHERAPY ASSOCIATION
ASSOCIATION CANADIENNE de PSYCHOTHERAPIE de GROUPE

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